



Registration, Networking, & Breakfast

Please enjoy breakfast and take time to get to know one another!











Group Photo



Today, we'll cover

Presentations from 9:25am to 10:20am		
Community Safety & Well-Being	City of Brampton	
Environmental Planning	City of Brampton	
Mental Health	Canadian Mental Health Association (CMHA) Peel Dufferin	
Countering Hate Crimes	Peel Regional Police	
Human Trafficking	Elizabeth Fry Society	
Family and Intimate Partner Violence	Region of Peel	
Women & International Students	Sukhmani Haven	
Youth & Seniors	Punjabi Community Health Services (PCHS)	
Break from 10:20am to 10:45am		
Workshop Discussion from 10:45am to 11:45am		
Wrap-up from 11:45am to 12:00pm		







Community Safety & Well-Being Office



Vision

An empowered and connected Brampton where everyone feels safe, has a sense of belonging, and has their needs met.



Mission

Collaborating with multi-level partners to address and overcome community concerns.



Focus

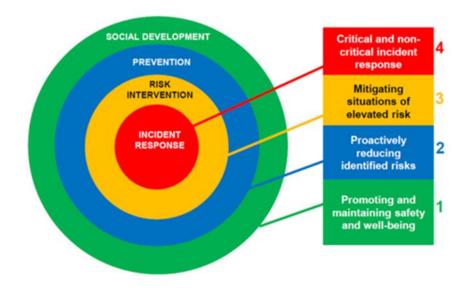
Neighbourhood level-interventions







Community Safety & Well-Being Office



Our Services

- Implement the Brampton Community Safety Action
 Plan
- Provide advice and support to the Brampton
 Community Safety Advisory Committee
- Respond to emerging issues, concerns, and trends
- Collaborate on safety and well-being related projects led by partners and the community
- Partner in the implementation of Peel's CSWB Plan
- Ongoing data collection and risk monitoring





Community Safety Action Plan (2022-2027)

Brampton's first-ever Community Safety Action Plan in 2022

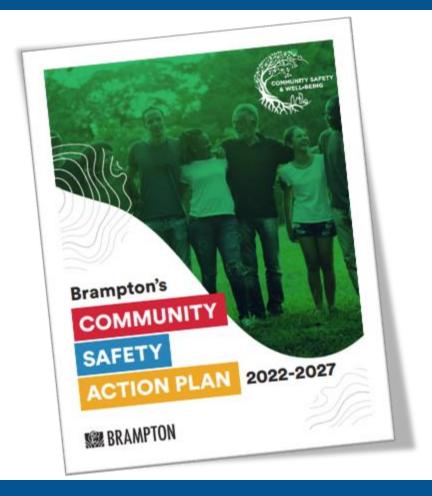
• Developed 24 actions under 3 priorities: Safety | Awareness | Empowerment

Engagement

- Conducted 54 neighbourhood visits from 2018-2022
- Engaged over 3000 residents with in-person neighbourhood walks, workshops, and virtual tours
- Received input and feedback from 2800+ completed resident surveys and mapping tool comments
- 50+ residents identified in 2022 for active co-design projects

Collaboration

- Members of 16 multi-sectoral tables and networks
- Board Member of Canadian Municipal Network on Crime Prevention
- In 2022 and 2023, supported 40+ projects related to safety & well-being
- 20+ active partners







Community Safety Action Plan: Focus Areas

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Ware



What we heard:

 Residents have expressed the need to have their safety concerns heard and actioned.

8 planned tactics, 2023 highlights:

- Incident monitoring and response
- Referral model expansion
- Emerging issues

Goal:

Residents are safer.



What we heard:

 Residents have expressed the need to know more about safety and well-being information and resources.

6 planned tactics, 2023 highlights:

- GeoHub Neighbourhood Profiles
- Neighbourhood Association Guide
- Emerging issues

Goal:

Residents are more connected.



What we heard:

 Residents have expressed an interest in learning how to take action within the community.

10 planned tactics, 2023 highlights:

- ABF: Community Safety Priority
- Community Safety Quadrant Connections
- NNP Phase 2
- Friends of CSWO
- Emerging issues

Goal:

Residents have an increased sense of belonging.



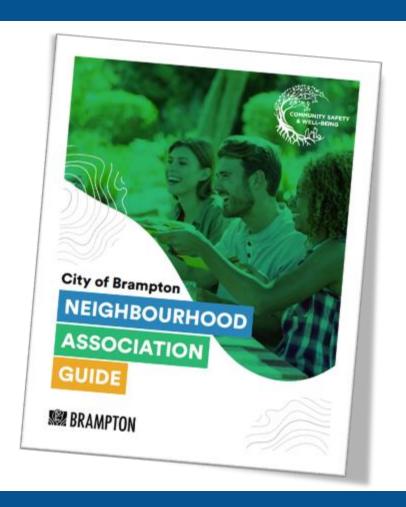




Key Highlight: Neighbourhood Association Guide

Neighbourhood Association Guide

- Community Leaders Workshop held in August 2023.
- Final Neighbourhood Association Guide has launched with Affiliated Neighbourhood Associations eligible to receive several exciting benefits.
- Nurtured Neighbourhood Grant for up to \$1,500 for neighbourhood projects.
- Affiliated Neighbourhood Association application period runs from February 1 to March 31 and June 1 to July 31, 2024





Key Highlight: GeoHUB Neighbourhood Profiles



GeoHUB Neighbourhood Profiles launched in 2023, learn more about its features!

 Tool for residents to familiarize themselves with unique, community-based assets that exist in Brampton neighbourhoods and to be connected to safety & well-being resources.

Faith places are included!

 Highlighting those that offer shelter, heating or cooling locations, food supports, etc.

Action:

 Submit a neighbourhood gem that you love, or a project your neighbourhood has completed!





Addressing Emerging Issues: Auto Theft Reduction Pilot

Auto Theft Reduction Pilot Project

- Support for residents in high auto theft areas
- Collaboration with Peel Regional Police and Peel Crime Stoppers
- Distribution of free signal blocking pouches* to five pilot areas in the City
- Households selected at random
- More information is available online at www.brampton.ca/engage

*Use and reliance on the Signal Blocking Pouch is at your own risk. The Signal Blocking Pouch does not guarantee protection of your vehicle from theft.







Addressing Emerging Issues: Developing Litter Reduction Charter



From the Litter Reduction Forum, we heard:

- Increase use of metrics to help measure the success of litter reduction
- More emphasis on enhancing current initiatives and procedures
- Combine both preventative and reactive measures to address litter
- Increase awareness of local pride and connectedness to help prevent littering
- Develop Litter Reduction Working Group

Next Steps:

 Work with the Litter Reduction Working Group on a City of Brampton Litter Reduction Charter





Thank you! Let's stay in touch!











Let's hear from you!

Mentimeter Poll: Join at menti.com and use code 3226 9373

What aspects of community safety & well-Being are your top priority?



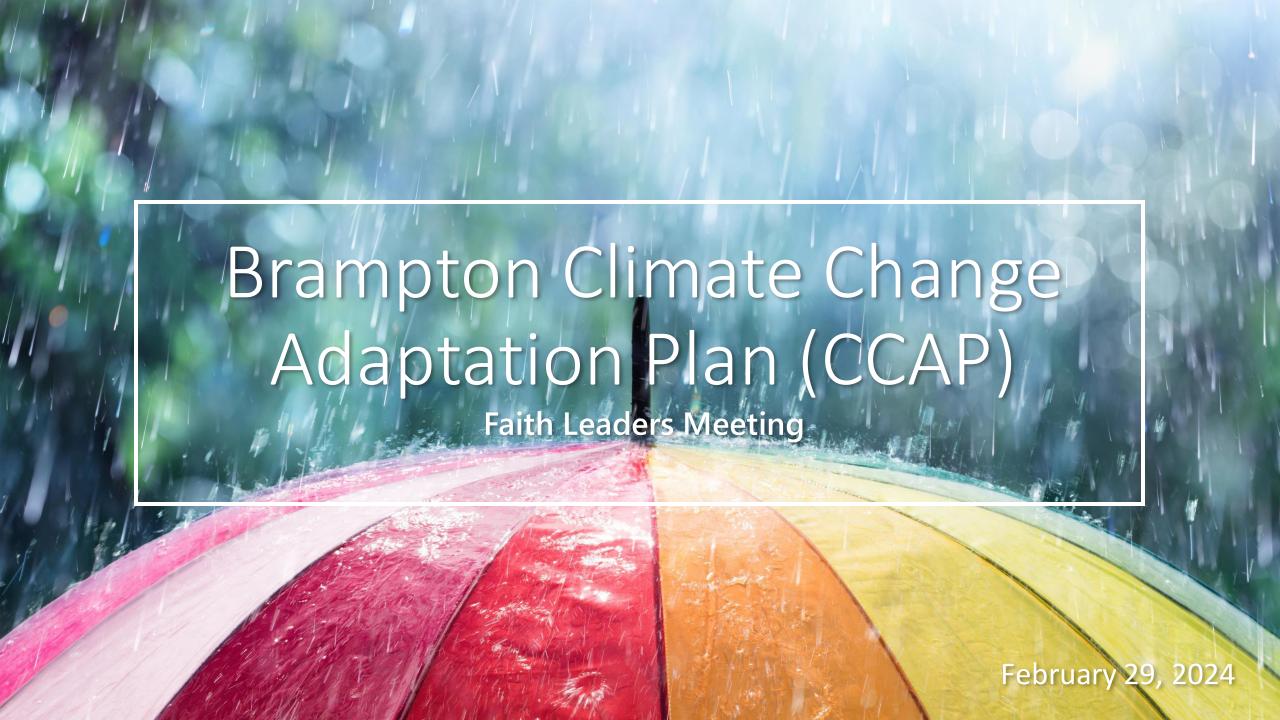


Partner Presentation: City of Brampton Environmental Planning









Why a Climate Change Adaption Plan?

- A 5-year Adaptation Plan to make Brampton a more climate resilient city
- Provide an informed and coordinated approach to climate change adaptation planning
- Improve the knowledge base, and better define and communicate risks and opportunities
- Identified as an action in the Brampton Grow Green EMP; also a Term of Council priority
- Requirement of our membership to the Global Covenant of Mayors for Climate and Energy

Climate change is the greatest threat of the 21st century, but tackling climate change can also be the greatest opportunity for shaping a better and fairer future.

CCAP Components



Engagement
 Strategy



2. BackgroundResearch & Analysis



3. Risk Assessment



4. Vulnerability Assessment



5. FrameworkDevelopment



6. Adaptation Plan Development



7. Final Reports and Presentations





Rising Average Annual Temperatures

Baseline (1981-2010)	2080's
7.4°C	12.3



More Precipitation

Baseline (1981-2010)	2080's
852mm	951mm



More Extreme Weather Events

Baseline (1981-2010)	2080's
37.0	22%

Top 5 Climate Hazards in Brampton



Flooding (Riverine, Urban, Basement)



Extreme Heat



Extreme Weather Events (Wind storms, ice storms, etc.)



Pests and Invasive Species

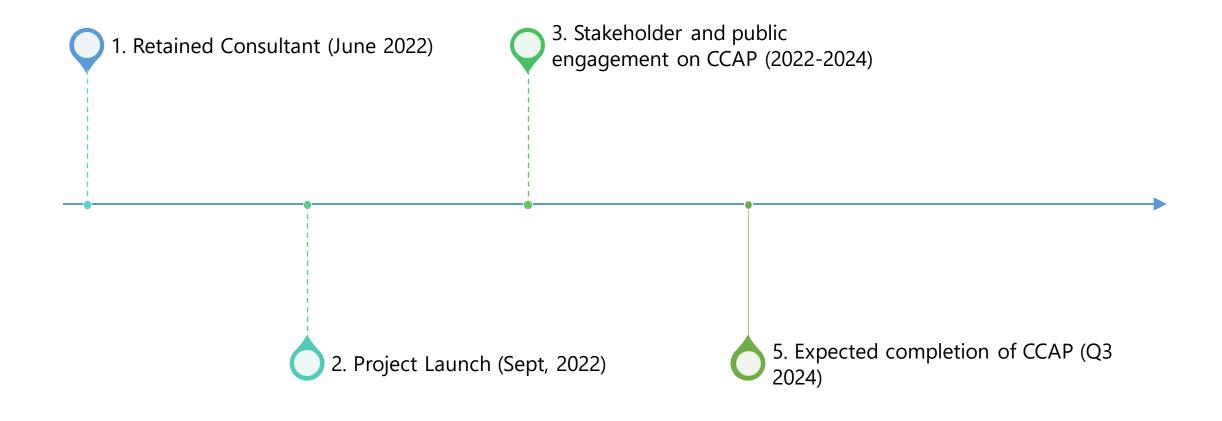


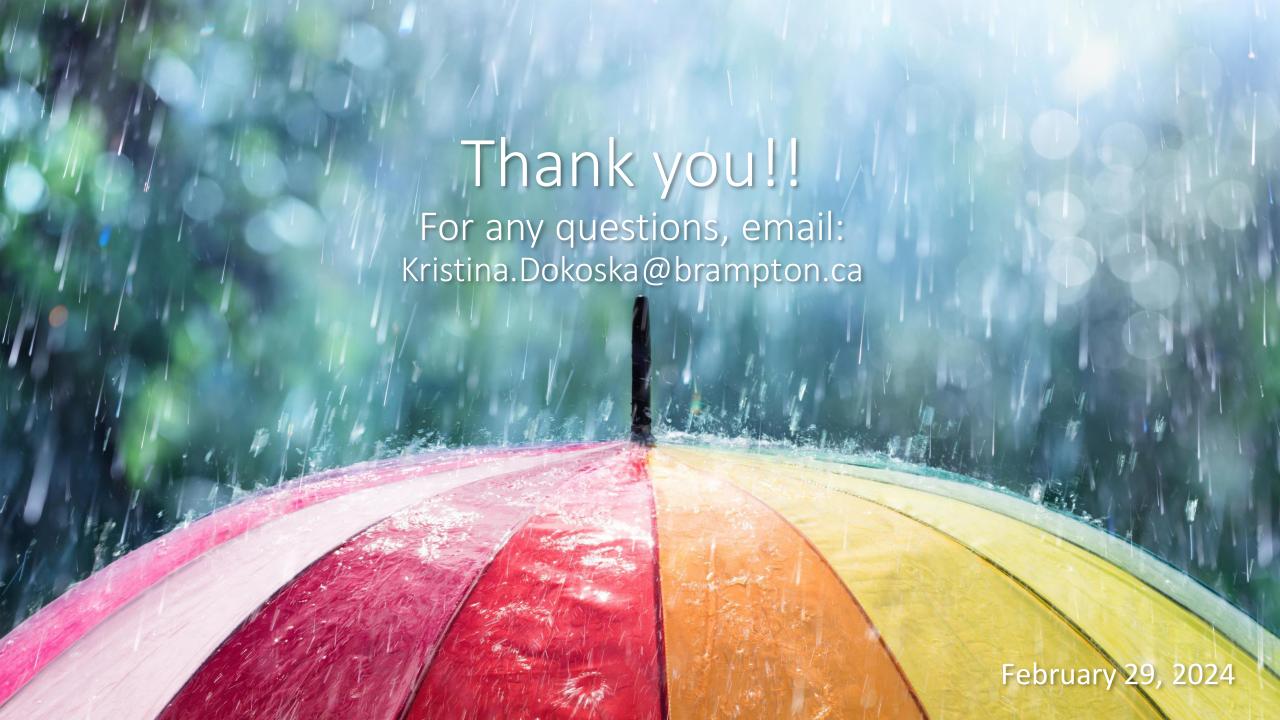
Impacts to Natural Heritage System and Water Systems

Opportunities for Involvement

- Collaboration to expand on the Lighthouse Project, looking at opportunities to turn places of worship into heating/cooling centres
- Education and awareness of climate adaptation (e.g., promotion and outreach)
- Participation in the Brampton adaptation planning process

Timeline





Let's hear from you!

Mentimeter Poll: Join at menti.com and use code 3226 9373

What are some environmentally friendly initiatives your faith place has implemented?





Partner Presentation: Canadian Mental Health Association (CMHA) Peel Dufferin



Canadian Mental Health Association Mental health for all







Canadian Mental Health Association (CMHA) Peel Dufferin

Programs & Services

24/7 Crisis Support Peel/Dufferin

24.7 Crisis Support (all ages 1 line)

To provide a timely and high-quality response to de-escalate, stabilize and support those in mental health and addiction crisis. The service is delivered in partnership with Peel Regional Police and the Ontario Provincial Police.

- ❖ 905-278-9036 Peel
- **❖ 1-888-811-2222 Dufferin**

24.7 Crisis Support Peel Dufferin is not an emergency response unit. If your situation is life-threatening, call 911.



Immediate Intervention Specialists

Referrals to be processed by Intermediate Intervention Specialist

- Fast access to a mental health clinician. Support can include but is not limited to:
 - Intake assessment
 - Single session
 - Single task based interventions (ex. Applications, referrals, etc.)
 - Groups
 - Connection to other appropriate services (ex. MDTs)
 - And more!



CMHA PD Catchment Areas & Other Information

- Brampton
- Bramalea
- DBC = Dufferin Bolton Caledon
- NEWWM = North Etobicoke, West Woodbridge, Malton
- Mississauga
- CMHA PD is offering phone, virtual and in person services



Immediate Access (All of Peel; 16+)

Outreach (16+):

Peel Outreach Services offers a continuum of Housing Support that seeks to end homelessness in the Peel Region and increase access to mainstream services.

Rapid Access Addiction Medicine (RAAM) (16+):

The Rapid Access Addiction Medicine Clinic (RAAM Clinic) provides low-barrier immediate access and care. The clinic is accessible without appointments or medical referrals. The RAAM Clinic staff will share with you all possible substance use management strategies including medications and psychosocial interventions to ensure a holistic approach.



Low Intensity Program Information (All of Peel; 16+)

Recovery West:

This program promotes Mental Health Recovery through groups, activities and vocational services (while connected with another CMHA worker) with a focus on peer support. Clients can come/call as often as they want; however to remain an active client, participation at Recovery West once a month is required.

Drop ins welcome Tuesdays & Wednesdays \ 12-8pm – no registration required!

Physical Activities:

Street Soccer CMHA PD

Groups:

Open and ongoing groups
Calendars can be found online here:
https://cmhapeeldufferin.ca/programs-services/recovery-west/

Community Groups:

Closed groups, running 1-2x/year on average.

- Mindfulness Awareness Stabilization Training (MAST)
- Living Life to the Full
- SMART Recovery (no registration required)
- Queer Minds
- Anger Solutions
- Etc!





Moderate Intensity Program Information (all of Peel; 16+)

Transitional Peer Support:

Transitional Peer Support is a short-term community support program for people who experience mental health concerns, have been referred by William Osler hospital and have identified needs/goals. Workers meet one-on-one with clients in the community. Areas of support include a warm transition to the Recovery West program and/or connection to additional resources.

Referrals from William Osler sites only - no community referrals.

Transitional Aged Youth (TAY):

For youth 16-24 transitioning out of youth mental health and/or addictions services to adult supports.





Multi Disciplinary Teams Offer

Addictions Support:

For clients presenting with mental illness and/or substance use or behavioral addictions concerns; harm reductions + abstinence based strategies

Brief Mental Health Counselling:

For clients with symptoms of mental illness & emotional difficulties.

Follows a brief counselling model that offers an immediate opportunity for therapeutic conversation within a short period of time. Our aim is to focus on presenting needs and strengths and work to find solutions and create a plan.

Case management:

For clients with serious and persistent mental health concerns.

Individualized mental health support focused on personal growth and recovery. Assistance with mental and physical health and wellness, life skills, social supports. Connections to the broader community through volunteering, social or recreational activities and continuing education.

- Short term approx. 1-3 months
- Intensive approx. 6 months





Multi Disciplinary Teams Offer

Family support:

For family members (16+) struggling to understand and cope with the complexities of their loved ones' mental health illness and/or substance abuse.

Registered Nurse:

For clients with complex and/or comorbid physical and mental health challenges, medication/psychoeducation needs, health related psychoeducation

Peer Support:

Case management, service navigation, advocacy through fostering hope, understanding recovery, etc.

Seniors Intensive Case Management:

Coordinated support for seniors (60+) experiencing both mental and physical health concerns, Misuse of medication, alcohol or other substance, Co-morbidities impacting level of independence, Compromised daily functioning and/or ability to remain safely in the home



Multi-Disciplinary Teams Meet you where you live



High Intensity Program Information

Assertive Community Treatment (ACT):

16+ years old

Postal codes: LSR, L6Z, L6V, L6T, L6S, L6W, L6P, L6Y, L7C, L7E

All other Peel residents - refer to SHIP

Dufferin residents - refer to Homewood Health Centre (519-787-1800)

The ACT Team is a client centred; recovery oriented mental health service who offers a broad range of intensive community supports to individuals experiencing serious mental health concerns and their families, in order to reach their recovery goals.

Dialectical Behavioural Therapy (DBT):

18+

Brampton, Bramalea, NEWWM

Support with impulsive behaviors, emotional dysregulation





High Intensity Program Information

Dialectical Behavioural Therapy (DBT):

18+

Brampton, Bramalea, NEWWM
Support with impulsive behaviors, emotional dysregulation

Mental Health & Justice (MH&J):

18+

All of Peel

Mental Health & Justice Services offers intensive individual assistance and advocacy around accessing community resources and services to individuals experiencing mental health concerns, who are in conflict with the law. Short term case management.



High Intensity Program Information con't

FASD:

16+ All of Peel

This is a diagnostic clinic for clients experiencing FASD symptoms – assessment completed by FASD RN

- FASD diagnosis will help individuals understand themselves better i.e., selfacceptance
- First step in recovery journey as can help acquire appropriate resources/training
- Sheds light on required support for continued funding



Education and Referral

Mental Health Promotion

Offers education and training for the general public, professionals and corporations For more information of what we deliver and cost please visit:

https://cmha-peel-dufferin.mykajabi.com/Workshops%20&%20Training

Or Email: education@cmhapeel.ca

Referral and Connecting to Services

- Self referral (online, phone, walk in)
- External referrals welcomed via referral form (online or fax)
 Main line to access Immediate Intervention Specialists:
 905-451-2123 press 3 to connect with a mental health worker

Referral form can be found following this link https://cmhapeeldufferin.ca/central-west-lhin-registration-form-mental-health-and-addictions-services/

CMHA Peel Dufferin Website: https://cmhapeeldufferin.ca





Let's hear from you!

Mentimeter Poll: Join at menti.com and use code 3226 9373

Do you need additional mental health resources to support your congregation?





Partner Presentation: Peel Regional Police









PEEL REGIONAL POLICE

2024 HATE CRIME INITIATIVES

COMMUNITY SAFETY AND WELL-BEING SERVICES

OVERVIEW



- 1. CURRENT COLLABORATIVE PROJECTS
- 2. DIVERSITY, EQUITY AND INCLUSION UNIT
- 3. COMMUNITY SAFETY AND WELL-BEING SERVICES

PUBLIC SAFETY CANADA



COMMUNITY RESILIENCE FUND

 In 2023, Community Safety and Well-Being Services was awarded a Community Resilience Fund grant from Public Safety Canada to support the National Strategy on Countering Radicalization to Violence (CRV).

DURATION: April 2023 – June 2024

PROJECT OVERVIEW:

- Peel Regional Police (PRP) set out to co-create a countering training module in consultation with over 25 community partners (Countering Hate Committee) and ensured that the curriculum is readily adaptable and appropriate for a wide range of community settings and audiences.
- The purpose of this module is to educate our region, strengthen the trust between police and the community we serve, and increase hate crime reporting while discussing important elements of ideologically motived violent extremism (IMVE).
- Through a train-the-trainer model we will enable our partners to deliver the message to the community with the intent of raising awareness and increasing reporting. We hope that this will have a positive effect on our efforts to mitigate the threats of hate, bias and extremist violence in our region.
- On Tuesday, March 19 we will be hosting the Countering Hate in Our Community Symposium. There will be highlight pieces, speakers from the empirical view of hate, the unveiling of the new module, a networking lunch with meaningful takeaways from our community partners, and a 360° panel that will provide a holistic point of view surrounding issues related to hate and the impact it has on our broader community.

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COUNTERING HATE COMMITTEE



COUNTERING HATE COMMITTEE (CHC)

In 2023, the assembly of the Countering Hate Committee occurred by route of the Countering Hate in Our Community project through the Public Safety Grant. The collaborative project work with over 25 community partners fostered one of the most invested teams PRP has had the privilege to collaborate with.

DURATION: April 2023 – Ongoing

THE COMMITTEE

- We are very proud of the relationships built with each of our deeply invested and incredible CHC members.
- Continued training and education delivery of the Countering Hate in Our Community module and ETON Coordinator 2 year integration continues to support our forward momentum.
- We look to the future to continue the development of additional collaborative service delivery programs along with system enhancements from their recommendations.

MINISTRY OF THE SOLICITOR GENERAL



THE PROCEEDS OF CRIME – FRONT LINE POLICING GRANT (POC-FLP)

In 2024, the POC-FLP grant was received. This grant reinvests assets seized by the provincial and federal governments during criminal prosecutions to support front-line policing efforts related to crime prevention and community safety and well-being (CSWB) initiatives.

DURATION: April 2023 – April 2026

PROJECT OVERVIEW:

- In keeping with the Service's strategy to operationalize CSWB concepts and principles throughout the organization, we recognize that public safety is a shared responsibility that is optimized when police a broad range of stakeholders work together to collectively achieve impact. Adopting a collaborative, multisector approach to hate crime is of particular importance given the complex nature of these incidents, the dynamic psychosocial impact on victims, and the hesitancy among victims to report due to a wide range of factors including institutional mistrust.
- Funding through the Proceeds of Crime grant will enable Peel Regional Police and its partners to hire an Education, Training, Outreach and Navigation (ETON) Coordinator to expand on the work of the Countering Hate Committee for an additional 2 year project.
- Permanent Hate Crime vehicle to promote hate crime reporting, supporting our community to report online and over the phone, and to continue our relationship strengthening within the Region.

ENHANCING OUR HATE CRIME REPORTING



ONLINE HATE CRIME REPORTING PLATFORM

In 2023, the creation of an online hate crime reporting platform began. Keeping to PRPs ongoing modernization and
accessibility improvement efforts, this online platform will allow for a higher degree of reporting with the passive
benefit of access from mobile devices and computers. Improved data collection and analytics will aid police
mobilization efficiencies and community response models.

EXPECTED LAUNCH: April 2024

PLATFORM DEVELOPMENT OVERVIEW:

- ACCESSIBILITY
 - Efficient
 - Multi-lingual access
 - · Privacy and Discreet Reporting
- DATA AND ANALYTICS
 - Reporting
 - Streamlined process
 - Improved data collection
- THE WAY FORWARD
 - More efficient police mobilization
 - Improving community relationships
 - Improved community service development

DIVERSITY, EQUITY AND INCLUSION UNIT



The Diversity, Equity and Inclusion Unit continues to promote awareness and educate the community via virtual and in-person seminars on hate-motivated crimes and incidents, multi-faith, newcomer and cultural/community competencies. As the hate crime policy centre of PRP, the DEI Unit manages the Reassurance Protocol, Hate Crime Reporting and community engagement pieces.

PROMOTED INITIATIVES AND PROGRAMS:

- Safe Place Program
- Reassurance Protocol
- Countering Hate Committee
- Run-Hide-Defend Program
- Dynamic Training Programs:
 - Places of worship
 - International Students/New Canadians
 - Cultural and Community Competencies
- Co-development and on-going training delivery on the advanced Ontario Police College (OPC) Hate Crime and Extremism course.

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COMMUNITY SAFETY AND WELL-BEING



The bureau, which is unique among police agencies in Ontario works with our members and the community to meet the needs of priority populations, support individuals experiencing a mental health crisis, prevent crime and keep our roads safe with a focus on proactive strategies and initiatives.

PROMOTED INITIATIVES AND PROGRAMS:

- Autism Strategy
- Peel Situation Table
- The Divisional Mobilization Unit
- South Asian Community Engagement (SACE)
- Mobile Crisis Rapid Response Teams (MCRRT)
- The Crisis Outreach and Support Team (COAST)

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THANK YOU

Let's hear from you!

Mentimeter Poll: Join at menti.com and use code 3226 9373

Has your faith community ever experienced and reported a hate crime or hate incident?





Partner Presentation: Elizabeth Fry Society











EFRY Hope and Help for Women

Vision:

Dedicated leader providing hope and help to women and girls at risk.

Mission:

We empower women and girls through a trauma informed, inclusive, and gender responsive lens. Our client-focused approach strengthens emotional, cultural and social well being, through prevention, support, reintegration and advocacy.

Prevention

Gender specific programs and services that reduce the likelihood of at-risk women and girls coming into conflict with the law and address marginalization, pathways and criminogenic needs, which are trauma informed.

Support

Gender-specific programs and services that teach coping strategies, life and social skills and provide supportive housing to promote client self awareness and self monitoring through educational therapeutic counseling

Reintegration

Structured support and discharge plans to empower women and increase resiliency and self efficacy, support reintegration and develop pro-social skills to reintegrate successfully within the community.

Advocacy

Mentoring and collaboration with others to build a gender specific community of practice.



What is Human Trafficking?

Human trafficking involves the recruitment, transportation, harbouring and/or exercising control, direction or influence over the movements of a person in order to exploit that person, typically through sexual exploitation or forced labour.

Does this really happen in Peel Region?

It is so widespread in Canada, that every town that has a highway also has trafficking.

Canadian Statistics

- 93% of victims of sex trafficking are Canadian citizens or permanent residents
- The greatest risk factor for becoming a victim of human sex trafficking is being a girl
- ▶ 65% of police reported human trafficking incidences between 2010-2020 were reported in Ontario
- Age of recruitment lowering...officers are now seeing this as early as age 12-13 (grade 7-8)

Let's hear from you!

Mentimeter Poll: Join at menti.com and use code 3226 9373

Do you need additional human trafficking support resources to help address this at your faith place?





Partner Presentation: Region of Peel









Family & Intimate Partner Violence Campaign

2024 Faith Leaders Meeting

Thursday February 29, 2024

"Silence is not an option, because...

abuse thrives in isolation"

Intimate partner violence and gender-based violence declared an epidemic in Peel

Campaign Development Journey



Communication Plan Development

- Confirm key audiences
- Identify strategic direction
- Update tone/language and key messages
- Identify goals & objectives



Campaign Launch!

November 24, 2023



Asset/Content Development

- Confirm tactics
- Develop all campaign materials and translations
- Update campaign webpage
- Develop evaluation plan

Evaluation

- Implement tracking and evaluation plan
- Reflect on findings and determine next steps

2023 Campaign Resources

Flyers





Survivors

Bystanders



General Public

Tactics

Bus shelter ads in Brampton





Brampton and Mississauga transit bus ads





Mississauga overpass ads



Cineplex lobby and mirror clings and ads

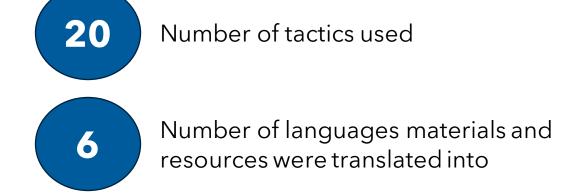


Erin Mills Town Center ads



Campaign Results

Purpose: to raise awareness that IPV is an epidemic in Peel and to challenge misconceptions.



Results

180,000

4 million

15,000

13%

Organic social media impressions

Digital media impressions

Webpage visits

Engagement rate

Opportunities and next steps

- Family and Intimate Partner Violence (FIPV) work continues to evolve.
- We will continue to work with community partners to build on lessons learned which will help inform future engagement and advocacy efforts related to FIPV.

Thank you!

For more information and to access resources, please visit, Family intimate partner violence- Region of Peel (peelregion.ca)

Resources

If you are experiencing violence or abuse, access these free supports at any time:

- Embrave 24/7 Crisis Line: Call 905-403-0864 or 1-855-676-8515
- Victim Services of Peel: Call 905-568-1068
- Family Transition Place (FTP): Call 519-941-HELP (4357), 905-584-HELP (4357), 1-800-265-9178 or Text: 519-278-5410
- 211 Central: 211 or 1-877-330-3213
- Assaulted Women's Helpline: 1-888-915-0536

Peel programs for families and children

If you or someone you know is experiencing violence or abuse, these free programs are available in Peel:

- Catholic Family Services of Peel/Dufferin. Book a HEAL intake assessment.
- Family Services of Peel: Call 905-453-5775
- Nisa Homes. Apply for housing Call 1-888-456-8043 Call Nisa Helpline at 1-888-711-6472,
- <u>Peel Children's Aid Society</u>: Call 905-363-6131
 Peel Committee Against Woman Abuse Resources
- Safe Centre of Peel: Call 905-450-4650.

Other Resources

- Creating a safety plan
- Finding shelter
- <u>Legal Aid</u>
- Ontario Works

Support for seniors

- Community resources
- Peel Elder Abuse Support Program. Call 905-453-5775
- Seniors Safety Line. Call 1-866-299-1011 or 1-866-299-0008
- <u>Understanding elder abuse</u>; Learn about the types of elder abuse.

Let's hear from you!

Mentimeter Poll: Join at menti.com and use code 3226 9373

Do you need additional family and intimate partner violence support resources to help you address this at your faith place?





Partner Presentation: Sukhmani Haven









Sukhmani Haven



Sukhmani Haven invests in the needs of international students who are facing abuse in Canada. We aim to provide emotional, financial and housing support.

PURPOSE & VALUE

Sukhmani Haven was formed to provide a safe space where individuals can live in dignity while pursuing their career paths. Our short term goal was to provide accommodation and social services to international students in crisis. Their challenges became very real.

- We listen to the hardships of many students
- We provide a safe haven for girls in need
- We provide free legal services and consultations for students
- Distributed Grocery Vouchers to students
- Help them find jobs within our network





ADVOCACY

"We advocate for:

- · fair employment policies,
- · protection from exploitation,
- · government funding for social infrastructure,
- reduction of tuition fees, and
- reform of the roles of agents."

We successfully presented to Members of Parliament. We emphasized the importance of students to have the ability to work greater than the 20 hour week limit.

We educated students on asking for their rights in effective ways:

- By accessing lawyers in our probono network,
- Created a brochure for students to know their legal rights





OPERATIONS

Sukhmani Haven has served over **123 clients** in crisis. Our support included:

- emotional support,
- · community counselling,
- financial support,
- referrals to other services, and
- ongoing community building for the students

30 female students stayed with us at 3 different locations. The students' experiences were diverse, and the duration they stayed with us varied. In addition, we also supported four male students with their residential needs as well. We provided unique support like:

- payment of legal fees,
- a loan extended for paying college fees,
- supported a student in crisis to travel, and
- supported a student's entire family and children in a homelessness crisis.





2022 SUMMARY

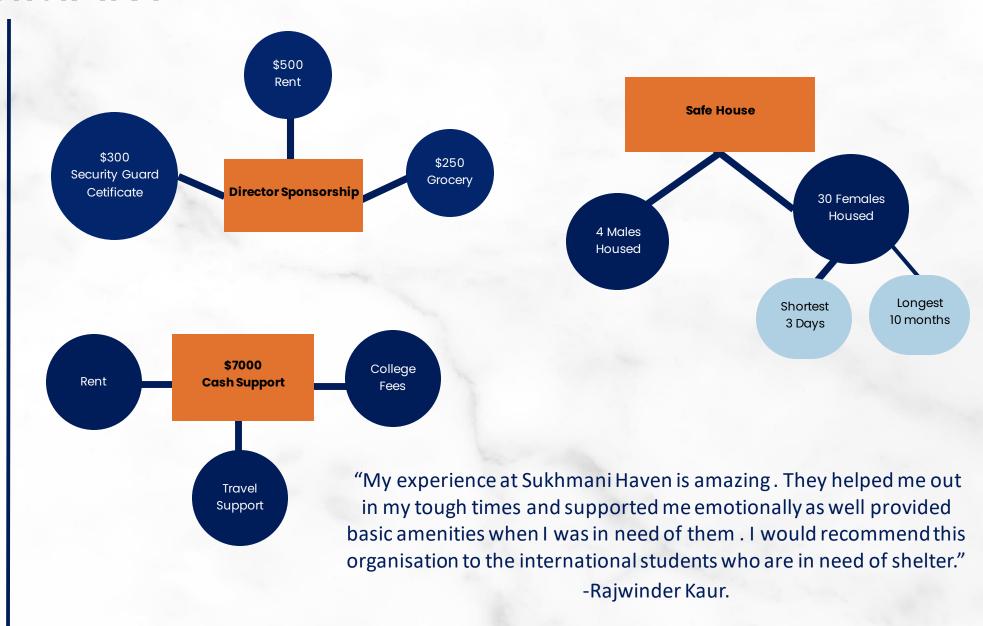
86 Grocery Gift Cards

150 Hr Probono Legal Services

Over 40
Jobs Referrals

Over 300 Hotline Calls

5 Children Supported

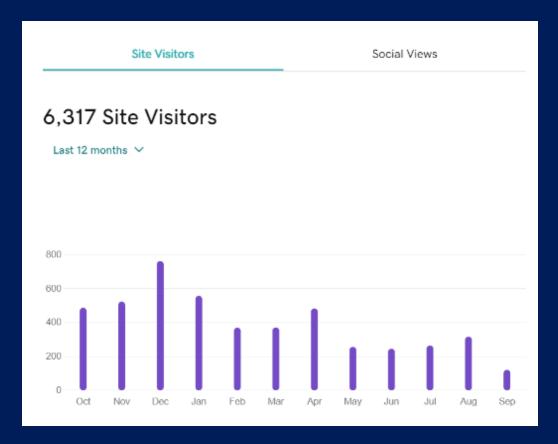


HOTLINE AND WEBSITE

Immediately upon incorporation, Sukhmani created a website and established a 24/7 Hotline: (289) 652-2488. It is monitored by dedicated directors and other volunteers. Policies dealing with confidentiality matters were quickly enacted and implemented.

Website visitors (Oct 2022-Sept 2023): 6,317 Social Views (Oct 2022-Sept 2023): 3,290

SukhmaniHaven.com – Website stats (Last 12 months: October 2022 – September 2023)



The results indicate a significant level of activity; which we hope to augment by more vigorous social media campaigns.



Sukhmani Haven Helping International Students

LET'S WORK TOGETHER



"Dear Sukhmani Haven Team,

I wanted to take a moment to express my deepest gratitude to each and every one of you for the incredible assistance you provided to my brother during his challenging time in Canada.

Your unwavering support in helping him obtain the necessary travel documents and facilitating his safe return to our home country, India, Punjab, has been nothing short of a lifesaver. It's heartwarming to know that there are organizations like yours dedicated to assisting individuals in their time of need.

My brother is now back with his family and loved ones, and we owe this reunion to your selfless efforts. Your kindness and compassion have left an indelible mark on our hearts, and we will forever be thankful for your generosity. We will always hold your organization in high regard and support your noble mission in any way we can. Once again, thank you from the bottom of our hearts for being the guiding light in our darkest hour."

-Poonam Bassa, Ludhiana Punjab





Let's hear from you!

Mentimeter Poll: Join at menti.com and use code 3226 9373

After hearing this presentation, list the supports you can provide this population.





Partner Presentation: Punjabi Community Health Services (PCHS)











Punjabi Community Health Services

Leading with Conviction & Courage









ABOUT US

Punjabi Community Health Service is a not-for-profit, charitable organization committed to its vision to empower diverse communities.

Providing Holistic Wrap Around Services:

- ☐ Settlement
- ☐ Mental Health
 - ☐ Addiction
 - ☐ Geriatrics
- ☐ Better Families Program
- ☐ Peer Support Program
- ☐ Family Enhancement Program
 - ☐ Sahara Support Services
- ☐ Ontario Autism Program (Project)



SETTLEMENT SERVICES

To help newcomers integrate into Canadian society, settlement services are provided to newcomers/permanent residents(PR), Canadian citizens, international students, work permit holders, live-in caregivers and convention/refugee claimants to Canada. Services are provided in English, Arabic, Armenian, Dari, Farsi, French, German, Hindi, Italian, Punjabi, Spanish, Turkish, Urdu.

PROGRAMS

- Information, Orientation & Referral
- **Short-term Counselling**
- Community Connections Program Youth CCP-Youth (13 to 19 years)
- Care for Newcomer Children Program (CNC)
- ***** Employment Preparedness Program
- Language Instructions for Newcomers (LINC)





MENTAL HEALTH SERVICES

The Sahara Mental Health Program provides support to clients who are dealing with mental health concerns. The program provides supportive counselling and case management services to individuals and family members, following a holistic service delivery approach.

PROGRAMS

- **❖** In-Short Term Emergency Diversion Program (In-STED)
- Long Term Case Management Program
- **Early Psychosis Intervention Program**
- **❖** Mobile Crisis Rapid Response Team (MCRRT)
- Community Crisis Rapid Response Team (CCRRT)
- **Concurrent Disorder Case Management**
- **Concurrent Disorder Wellness Support Group**
- **❖** Mobile Community Support Group (MCSG)





ADDICTIONS SERVICES

The Sahara Addictions Program at PCHS strives to empower clients, and their families, through a guided journey to recovery from substance use behaviors and related concerns by using a holistic treatment approach, in a culturally and linguistically appropriate manner.

PROGRAMS

- **Sahara Opioid Addiction Prevention Program**
- **Sahara Opioid Harm Reduction Program**
- **❖** Sahara Bridging Addiction Counselling Program (BAC)
- **❖** In-Short Term Emergency Diversion Program (In-STED)
- **❖** The Community Withdrawal Management Service ❖ Sahara Men's Group Program (SMG) (CWMS)
- **❖** The Intensive Addiction Day Treatment Program (IADTP)
- Peer Support Services
- Addictions Medicine Service (AMS)

Addictions Group Programs

- **❖** Sahara Addictions Day **Program** (SADP)
- **❖** Sahara Relapse Prevention Group **Program**
- **❖** Sahara BAC and CWMS Group **Program**
- **❖** Sahara Opioid's Prevention Support Group
- **❖** Sahara **Opioid** Reduction Harm **Program**



GERIATRICS SERVICES

Sahara Geriatrics Program strives to empower, support, and educate seniors to improve their quality of life. Seniors are provided education and information for healthy aging at home. Also, they are connected with other resources to promote healthy aging, physical independence and well-being.

PROGRAMS

- ❖ The Sahara Caregiver Support & Respite Program (SCSRP)
- **Sahara Overnight Respite Program (SORP)**
- **❖** The Integrated Seniors Team (IST) Program
- **❖** Behavioral Support Ontario (BSO) Program
- **A** Langar On Wheels





SAHARA SUPPORT SERVICES

The program takes a wraparound approach and addresses multiple factors that lead to homelessness such as; mental health and addictions issue; unemployment, infighting within families, isolation, and couch surfing to name a few. Individuals and families are provided with the following to prevent homelessness:

- Landlord tenant mediation
- One-time financial assistance to cover rent or utility payments
- Grocery and basic needs support (hygiene, baby supplies, clothing, etc.)
- Referrals to health, settlement and social services both internally and externally
- Referrals to subsidy programs and financial assistance programs

- Access to transportation
- Assistance with finding housing and accessing shelters
- Connecting to community programs and social opportunities
- Connecting to employment programs and supports
- Connecting to training and education programs
- Assistance in completing applications for financial supports and other government benefits

BETTER FAMILIES PROGRAM

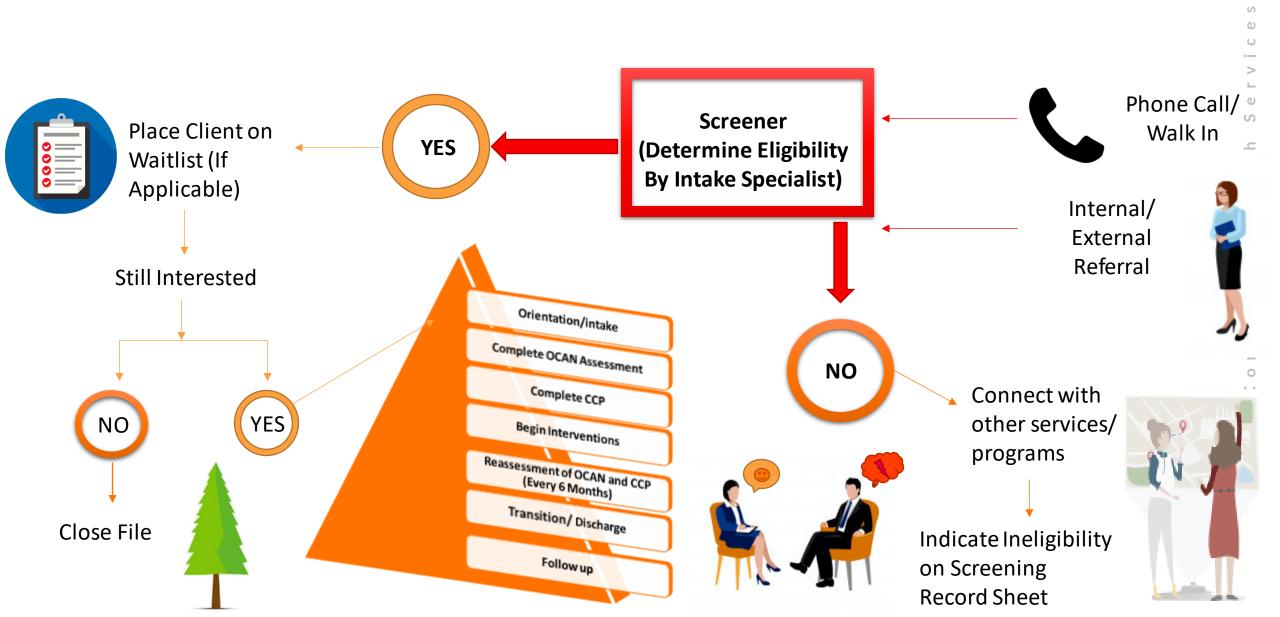
This program accepts youth (12 to 24 years of age) and parents (who have children below the age of 12 years) to help address issues related to healthy interactions between families and communities through support, group programs, mentoring programs.

We Support Youth With:

- 1:1 Supportive CounsellingLife skills trainings
- Mental health, substance abuse, cultural conflict and
 - violence issues
 - Information Sessions
 - Parenting Sessions
- Parent & Youth Relationship Building
 - Volunteer Opportunities



HOW TO MAKE A REFERRAL?





CONTACT INFORMATION



50 Sunny Meadow Blvd. Suite 201, Brampton, ON L6R 0Y7



https://pchs4u.com/



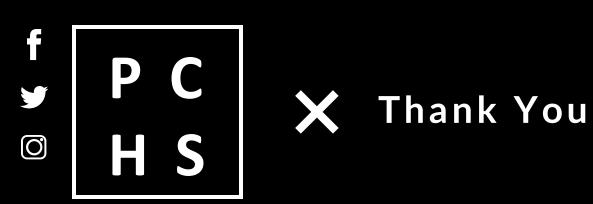
Hours of Operation: Mon-Fri (9:00 AM – 5:00 PM)



IntakeSpecialist@pchs4u.com



(647) 355-9514



Let's hear from you!

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From your congregation, what additional groups require specialized services?









What were your top challenges & successes from 2023?







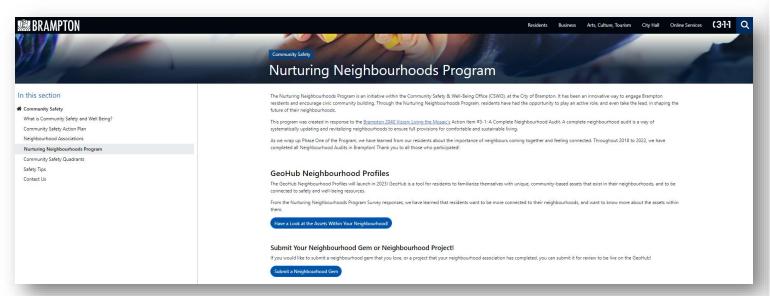


What community resources does your faith place provide for the community?





More about GeoHUB



- Navigate to <u>www.brampton.ca/communitysafety</u>
- Scroll to Nurturing Neighbourhoods Program
- Under GeoHub Neighbourhood Profiles, click on "Have a look at assets within your neighbourhood"

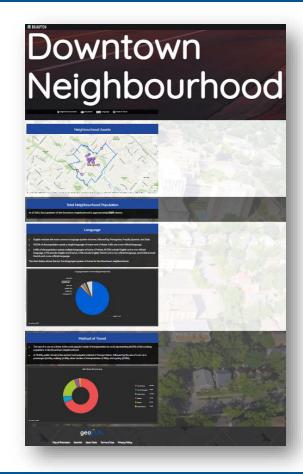


GeoHUB main page, explore your neighbourhood!

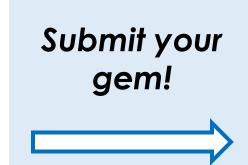


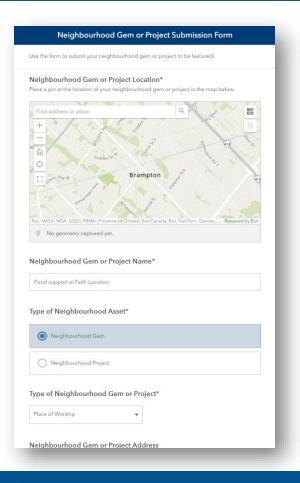


More about GeoHUB



Neighbourhood profiles and community assets









Review the draft Resources Page. How can we build on this?









What kind of presentations or training are you interested in for your faith place?





What 1 or 2 special events and annual celebrations in your community can WE support?











Final Question

How can we build a more inclusive City, where we all feel a sense of belonging?









Thank you for your active participation today!

www.brampton.ca/communitysafety

□ CSWO@brampton.ca

2 905.874.2645



